



## The 5 best FOOD SHOPS

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### 56 COMIDA INDEPENDENTE

**Rua do Cais  
do Tojo 28  
Santos ③**  
**+351 21 395 1762**  
**[comidaindependente.pt](http://comidaindependente.pt)**

Rita Santos created Comida Independente after a successful corporate career, thus bringing a new take on traditional food retailing. Her beautiful delicatessen became a reality after she took a year off to scout the country for the best small producers, whom she knows by name and by heart.

### 57 COMPANHIA PORTUGUEZA DO CHÁ

**Rua do Poço  
dos Negros 105  
Santos ③**  
**+351 21 395 1614**  
**[companhia  
portuguezadocha.com](http://companhiaportuguezadocha.com)**

Sebastian Filgueras is a world-renowned expert in teas, and his shop in Lisbon is probably the most stunning tea shop in the world. This sanctuary for tea lovers offers leaves from the finest tea gardens, honouring a centuries-long tradition of tea trade in Lisbon.

### 58 DELIDELUX

**Rua Alexandre  
Herculano 15A  
Av. da Liberdade ④**  
**+351 21 314 1474**  
**[delidelux.pt](http://delidelux.pt)**

Occupying a reconverted warehouse in Santa Apolónia (and a shop next to Avenida da Liberdade), DeliDelux is a trendy delicatessen/café that has the best and biggest selection of all of Lisbon's food stores. The café serves light meals made with the shop's products and has a terrace with breathtaking views of the Tagus River.

### 59 MERCEARIA DOS AÇORES

**Rua da Madalena 115  
Baixa ⑥**  
**+351 21 888 0070**  
**[merceariadosacores.pt](http://merceariadosacores.pt)**

The archipelago of the Azores is Portugal's most pristine and remote region. The rich Atlantic waters have the best fish in the country and the countryside is heaven for organic farming. Mercearia dos Açores sells products from this region exclusively, like pineapples, tuna, organic teas and high-quality dairy products.

### 60 CONSERVEIRA DE LISBOA

**Rua dos  
Bacalhoeiros 34  
Baixa ⑥**  
**+351 21 886 4009**  
**[conserveiradelisboa.pt](http://conserveiradelisboa.pt)**

Portugal has a strong tradition when it comes to *conservas* (canned food): the Portuguese have been producing and consuming it for generations and as a result, their canned foods are some of the best in the world. The industry's flagship is the shop of Conserveira Nacional, where you will find the biggest selection of brands and varieties – a true *conservas* museum if you will.



60 CONSERVEIRA DE LISBOA

## The 5 best places for SITTING IN THE SUN

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### 121 À MARGEM

**Doca do Bom**

**Sucesso**

**Belém** ②

**+351 91 862 0032**

**[amargem.com](http://amargem.com)**

The minimalistic À Margem has no need for a fancy decor to compete with the sight of the wide river right in front. The location is in fact superb, two steps away from the Tagus, on the river boardwalk that links two of the city's most striking monuments: the Padrão dos Descobrimentos and the Belém Tower.

### 122 ZAMBEZE

**Mercado do Chão  
do Loureiro**

**Mouraria** ⑦

**+351 21 887 7056**

**[zambezerestaurante.pt](http://zambezerestaurante.pt)**

Zambeze is a peculiar restaurant that blends the cuisine from Mozambique with that from a region of Central Portugal, Beira. Its outdoor terrace, on the other hand, is all about Lisbon alone. The view on the river and the hill of Chiado is mind-blowing, with the castle and the Sé church as a backdrop.



## 5 unique VINTAGE SHOPS

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### 181 MID MOD

Rua da Bela Vista  
à Lapa 40  
Lapa ③  
+351 91 019 0200  
[midmod.pt](http://midmod.pt)

The name of this shop comes from 'mid-century modern', the period in design history that most inspires its owner and curator, Henrique Salgado. Here you will find exquisite original pieces from this era, both Portuguese and international.



### 182 MUITO MUITO

AT: LX FACTORY  
Rua Rodrigues  
Faria 103  
Alcântara ①  
[muitomuito.pt](http://muitomuito.pt)

Muito Muito, located inside LX Factory, is a well-curated vintage shop that sells mostly curiosities and small furniture pieces. The concept and selection of the shop is fitting to the whole LX Factory mood, a bohemian and vintage city within the city. Luis Mangas, the owner, offers expert help to clients.

### 183 CANTINHO DO VINTAGE

Avenida Infante  
D. Henrique, Arm. 2  
Santa Apolónia ⑤  
+351 91 200 7552

Lisbon's largest outlet of vintage furniture, located in a gigantic warehouse in the Beato area. It showcases a multitude of pieces from Portugal, Germany, England and Scandinavia. Here you'll find items in all price ranges, and great bargains compared to similar shops abroad.

### 184 A OUTRA FACE DA LUA

Rua da Assunção 22  
Baixa ⑥  
+351 21 886 3430  
[aoutrafacedalua.com](http://aoutrafacedalua.com)

Located in a stunning post-1755- earthquake building, A outra face da lua sells women's vintage clothing in a hippie-chic setting. The quality of the items is superior to any other similar shop in the city, and prices are still very reasonable. The shop has a cute cafe with some pleasant outdoor tables.

### 185 RETROX VINTAGE SHOP

Rua dos Anjos 4-C  
Baixa ⑧  
+351 91 830 3991

Retrox is a vintage store that sells mostly mid-century furniture, decorative pieces and oddities, with a special focus on Portuguese design. It has a cute flea-market feel.

263 **ELEVADOR DE SANTA JUSTA**

Rua Áurea

Chiado ⑥

+351 21 413 8679

This stunning 45-metre long neo-Gothic vertical lift was built to bring people back and forth between downtown and Chiado. Many attribute it to Gustave Eiffel, but in fact the father of the Eiffel Tower didn't design it. At the very top there is a terrace with a mind-blowing 360-degree view of the old city. Beware of pickpockets when going up the spiral staircase.

264 **CHÃO DO LOUREIRO AND CASTELO**

Mercado do

Chão do Loureiro

Baixa ⑥

These two vertical lifts make the walk from the downtown area to the Castle a little less tiring. The first lift departs from a building in Rua dos Fanqueiros (170/178) and drops people off in Rua da Madalena. A mere 100 metres further there is another lift, that transports passengers to the level of Costa do Castelo street.

265 **ASCENSOR DO LAVRA**

Calçada do Lavra

Av. da Liberdade ④

+351 21 413 8681

This was the city's first funicular. It started taking passengers from Avenida da Liberdade up Calçada do Lavra in 1884, a year before the Glória funicular came into operation. Like the other traditional funiculars and lifts in Lisbon, it is classified as a National Monument.



262 ASCENSOR DA BICA

274 **MUSEU DA CIDADE**

**Campo Grande 245**  
**Avenidas Novas ⑧**  
**+351 21 751 3200**  
**[museudelisboa.pt](http://museudelisboa.pt)**

The Lisbon Museum takes an original approach to museology by being a multi-branched museum with five venues: Palácio Pimenta, Teatro Romano, Santo António, Torreão Poente and Casa dos Bicos. All of these branches together tell the story of this surprising city's past.

275 **PALÁCIO DE BELÉM**

**Calçada da Ajuda**  
**Belém ②**  
**+351 21 361 4600**  
**[presidencia.pt](http://presidencia.pt)**

The Belém Palace, the official residence of the Portuguese president, ironically served as a royal residence at a certain point in time. The points of interest include the beautifully landscaped gardens and the Museum of the Presidency, that tells the story of the Portuguese republic through its presidents.



271 **BAIXA POMBALINA**

## 5 of the best places to **ENJOY THE RIVER**

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276 **CAIS DO GINJAL**

**Rua do Ginjal**  
**Almada ①**

The Cais do Ginjal is located on the other side of the river and it's accessible by taking the ferry that departs from Cais do Sodré to Cacilhas. The trip across the river is a great experience in itself but the cherry on the cake is walking along the river with Lisbon as scenery. There are a few restaurants on the boardwalk with stunning views.

277 **PASSEIO DAS DOCAS**

**Doca de**  
**Santo Amaro**  
**Alcântara ①**  
**+351 21 392 2011**

The lively Lisbon docks, located right under the bridge, are basically a series of reconverted warehouses that now house a multitude of restaurants, cafes and nightclubs. There is something happening here every hour of the day. The marina in front is a pleasant place and there are also several paddle tennis courts.

## The best 5 places for an **OUTDOOR RUN**

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### 476 **TAGUS BOARDWALK** Belém ②

What better place to go for a jog than the 10-kilometre riverside boardwalk that runs alongside the Tagus from Terreiro do Paço up to Belém? The scenery is overwhelming and along the way there are many interesting points like the docks, the Electricity Museum, the Padrão dos Descobrimentos and the Tower of Belém.

### 477 **PAREDÃO**

This boardwalk runs from Paço de Arcos up to Cascais, alongside the sea. It offers a stunning scenery and it allows sports enthusiasts to enjoy the sea breeze and the beach during their workout. There are many restaurants and cafes for pit stops.

### 478 **CAMPO GRANDE** Avenidas Novas ⑧

This 19th-century urban park was renovated and now offers picnic areas, kids' playgrounds, sports facilities, several paddle tennis courts, a restaurant, a lake with row boats and a running track where joggers can run in an urban yet green setting.

### 479 **ESTÁDIO NACIONAL** Algés ①

Estádio Nacional, also referred to as 'Jamor', is Portugal's national stadium and sports complex. It occupies an extensive plot of land on the edge of town and it boasts a football stadium, several rugby and football fields, a tennis club, a golf academy and extensive running tracks.

### 480 **MONSANTO** Monsanto

This city forest is one of the largest in the world (over 1000 hectares) and offers a multitude of jogging opportunities, on all types of soil, from asphalt to gravel. There are dozens of kilometres of tracks in the middle of the forest also that attract trail runners and BMX riders.



## 5 of the best LISBON ARCHITECTS

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### 486 AIRES MATEUS [airesmateus.com](http://airesmateus.com)

Brothers Manuel and Francisco Aires Mateus, who are at the helm of the architectural firm that bears their family name, are the two leading post-revolution architects in Portugal. Their extensive list of realisations includes many buildings in Lisbon, namely the new EDP Headquarters and the Rectory of the Universidade Nova de Lisbon.

### 487 GONÇALO BYRNE [byrnearqu.com](http://byrnearqu.com)

Born in 1941, Gonçalo Byrne is one of the most awarded contemporary architects in Portugal. He is also an Architecture professor at the prestigious Harvard University. The tower he designed to house the maritime traffic coordination and control centre is already a landmark in the city and will grant him architectural immortality in Lisbon.

### 488 CARRILHO DA GRAÇA [jlcg.pt](http://jlcg.pt)

João Luís Carrilho da Graça has worked on and is still working on many architecture projects in Lisbon, residential as well as commercial and public. His most relevant buildings include the Orient Museum, the Pavilion of the Knowledge of the Seas, the German School of Lisbon and the future cruise terminal.

### 489 SARAIVA + ASSOCIADOS [Avenida Infante Santo 69 A-C Lapa](http://Avenida Infante Santo 69 A-C Lapa) ☺ [+351 21 393 9340](tel:+351213939340) [saraivaeassociados.com](http://saraivaeassociados.com)

Led by Miguel Saraiva, this multi-disciplinary architecture and design firm is by far the largest in Portugal, with offices in ten countries, from Vietnam to Colombia. Their success story is a case study in Portugal. In Lisbon they designed the Moxy Hotel, the Justice Campus and the Police Headquarters.

### 490 ÁLVARO SIZA VIEIRA

He isn't really from Lisbon – he was born in Porto – but nevertheless Pritzker Prize winner Álvaro Siza Vieira operates mostly in Lisbon. Some of his creations in the city have gained international acclaim; that's the case for the iconic Pavilion of Portugal and for restoration of the Chiado quarter after it had been severely damaged by a fire.